

MENU

MENU FOR SEPTEMBER 4-8, 2023

		MON	TUE	WED	THU	FRI
	Breakfast	CLOSED	Milk WG Biscuits Banana	Milk Waffles Pears	Milk WG French Toast Pineapple Chunks	Milk WG Grits Applesauce
	Lunch	CLOSED	Milk Pollock Fish Cheese Grits Sweet Peas Pineapple Tidbits	Milk HM Beef Stew Glazed Carrots Turnip Greens Brown Rice	Milk Rib B Que Squash Green Beans WG Roll	Milk HM Shepherd's Pie Mashed Potatoes Sweet Peas WG Roll
	Snack	CLOSED	Water Pita Point Crackers Hummus	100% Apple Juice WG Goldfish	Water Strawberry / Waffle Bars	Water Blueberry Oatmeal Bar



MENU

MENU FOR SEPTEMBER 11-15, 2023

	MON	TUE	WED	THU	FRI
Breakfast	Milk	Milk	Milk	Milk	Milk
	WG Oatmeal	WG Waffles	Cheese Grits	WG Toast w/Jelly	WG Cereal
	Blueberries	Blueberries	Pears	Mixed Fruit	Banana Half
	Milk	Milk	Milk	Milk	Milk
Lunch	Beef Spaghetti	Beef Taco Chili	Baked Beef Ziti	Smoked Sausage	HM Pulled Chicker
	Kernel Corn	Mixed Vegetables	WG Noodles	WG Roll	WG Bun
	WG Noodles	Stewed Tomatoes	Tossed Salad	Stewed Squash	Green Beans
	Watermelon	WG Tortilla Chips	Applesauce	Tropical Fruit	Diced Peaches
	Water	Water	100% Grape Juice WG Goldfish	Water	Water
Snack	Cheese Cubes	Hummus		Pimento Cheese	Graham Crackers
	WG Vege Crackers	WG Saltines		Turkey Slices	Fruit Cocktail







MENU

MENU FOR SEPTEMBER 18-22, 2023

	MON	TUE	WED	THU	FRI
	Milk	Milk	Milk	Milk	Milk
Breakfast	WG Pancakes	WG French Toast	Egg Omelet	WG Cereal	WG Bagels
	Applesauce	Sliced Oranges	Pears	Pineapple Tidbits	Diced Peaches
_	Milk	Milk	Milk	Milk	Milk
Lorente	HM Sheppard's Pie	Beef / Cheese	Pollock Nuggets	WG Beef Ravioli	BBQ Chicken
Lunch	Mashed Potatoes	Lettuce / Tomato	Stone Ground Grits	w/Cheese	Cream Corn
	Glazed Carrots	WG Tortilla Boats	Sweet Peas	Green Beans	WG Roll
	WG Roll	Bean/Corn Salad	Apple Slice	Mixed Fruit	Watermelon
Conclu	Water	Water	100% Orange Juice	Water	Water
Snack	Pita Point Crackers	Animal Crackers	Goldfish	Swiss Cheese	Banana
	Hummus	Apple Slices		WG Crackers	Bran Muffin





MENU

MENU FOR SEPTEMBER 25 - 29, 2023

	MON	TUE	WED	THU	FRI
Breakfast	Milk	Milk	Milk	Milk	Milk
	Grits	WG Oatmeal	WG Biscuits	WG Waffles	Yogurt w/Granola
	Pears	Pineapples	Banana	Applesauce	Blueberries
	Milk	Milk	Milk	Milk	Milk
Lunch	Salisbury Steak	HM Beef A Roni	HM Chicken Alfredo	Ham Pattie	HM Stewed Beef
	Brown Rice	WG Noodles	WG Noodles	WG Bread	Glazed Carrots
	Green Beans	Mixed Veges	Peas/Carrots	Baked Beans	Brown Rice
	Watermelon	Tropical Fruit	Sliced Oranges	Cantaloupe	Fruit Cocktail
Snack	Water	Water	100% Grape Juice	Water	Water
	Lemon / Blueberry	WG Saltines	WG Goldfish	Animal Crackers	Banana
	Bars	Tuna Salad		Cheese	Muffin

